PUNJAB PUBLIC SERVICE COMMISSION
COMBINED COMPETITIVE EXAMINATION (CCE) SYLLABUS

PSYCHOLOGY

Total Marks: 100

Topics

1. **Introduction to Psychology**
   - Definition, evolution, and scope of psychology
   - Schools of psychology
   - Recent trends in psychology

2. **Sensation and Perception**
   - Sensory processes
   - Five senses
   - Perception and laws of perceptual organization
   - Types of perception
   - Perceptual constancy
   - Optical illusions

3. **Learning, Memory, and Intelligence**
   - Learning: Definition, theories, and types of learning
   - Memory: Definition, theories, types of memory, and everyday forgetting
   - Intelligence: Definition, theories, and intelligence testing

4. **Biological Basis of Behaviour**
   - Structure and functions of the nervous system
   - Endocrine system
   - Brain-behaviour relationship
   - Nature-nurture controversy

5. **Developmental Psychology**
   - Physical, cognitive, social, and emotional development during childhood, adolescence, adulthood, and old age
   - Piaget's theory of cognitive development

6. **Motivation and Emotions**
   - Motivation: definition and theories; primary and secondary motives; and the role of culture in motivation
   - Emotions: definition and theories ; and the biological and psychological changes associated with emotions

7. **Health, Stress, and Coping**
   - Health-impairing behaviours
   - Stress and coping strategies
   - Stress-illness relationship
   - Measurement of stress

8. **Personality Psychology**
    - Definition of personality
    - Theories of personality
    - Personality assessment

9. **Abnormal and Clinical Psychology**
    - Abnormal behaviour
    - Criteria of abnormality
    - DSM (Diagnostic and Statistical Manual of Mental Disorders) classification
    - Stages of psychotherapy
    - Goals of psychotherapy
    - Types of psychotherapy

10. **Social Influence and Group Dynamics**
    - Social influence
    - Attribution theory
    - Social norms and conformity
    - Obedience
    - Process of socialization
    - Social cognition and behaviour
    - Leadership
    - Violence
    - Prejudice and harassment

11. **Research Methods and Ethical Issues**
    - Quantitative research methods
    - Types of quantitative research methods
    - Qualitative research methods
    - Types of qualitative research methods
    - APA Code of Ethics for Psychologists

12. **Health Psychology**
    - Models of health psychology
    - Assessment and intervention strategies
    - Chronic and terminal illnesses
    - Role of social support
    - Stress management

13. **Forensic Psychology**
    - Psychology and law
    - Forensic investigation
    - Interrogation
    - Interviewing
    - Confessions
    - Eyewitness testimony
    - Juvenile delinquency
    - Drug addiction
    - Sex offenders
    - Deception
    - Contemporary issues in forensic psychology

14. **Industrial/Organizational Psychology**
    - Leadership traits
    - Decision-making
    - Work motivation
    - Organizational culture
    - Stress and conflict management in the workplace
    - Job-related attitudes
    - Workplace harassment
    - Glass ceiling and glass cliff effects

Suggested readings:

1) Aamodt, M. G. (2004). Applied Industrial/Organizational Psychology (4th ed.). Thomson/Wadsworth.

2) Allen, F. (2010). Health Psychology and Behavior.

3) Atkinson, R. L., Atkinson, R. C., Smith, E. E., & Hilgard, E. R. (1985). Introduction to Psychology (9th ed.). Harcourt Brace Jovanovich.

4) Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J., & Nolen-Hoeksema, S. (2000). Hilgard's Introduction to Psychology (13th ed.). Wadsworth/Thomson Learning.

5) Barlow, D. H., & Durand, V. M. (2005). Abnormal Psychology: An Integrative Approach (4th ed.). Wadsworth.

6) Bartol, C. R., & Bartol, A. M. (2025). Introduction to Forensic Psychology: Research and Application (7th ed.). SAGE Publications.

7) Carlson, N. R. (2005). Foundations of Physiological Psychology (6th ed.). Pearson Allyn & Bacon.

8) Comer, R. J., & Comer, J. S. (2021). Abnormal Psychology (11th ed.). Worth Publishers.

9) Feldman, R. S. (2015). Development Across the Life Span (7th ed.).

10) Goodwin, J. C. (2005). A History of Modern Psychology. Wiley.

11) Kahneman, D. (2011). Thinking, Fast and Slow. Farrar, Straus and Giroux.

12) Korchin, S. J. (1976). Modern Clinical Psychology: Principles of Intervention.

13) Myers, D. G. (2001). Psychology (6th ed.). Worth Publishers.

14) Myers, D. G. (2007). Social Psychology (9th ed.). McGraw-Hill.

15) Myers, D. G., & DeWall, C. N. (2021). Psychology (13th ed.). Worth Publishers.

16) Norman, K. L. (2008). Cyberpsychology: An Introduction to Human-Computer Interaction. Cambridge University Press.

17) Pervin, L. A. (1993). Personality (1st ed.). John Wiley & Sons.

18) Pomerantz, A. M. (2023). Clinical Psychology: Science, Practice, and Diversity (6th ed.). SAGE Publications.

19) Rains, G. D. (2002). Principles of Human Neuropsychology. McGraw-Hill.

20) Schultz, D. P. (2004). A History of Modern Psychology (8th ed.). Wadsworth/Thomson Learning.

21) Weiten, W. (2022). Psychology: Themes and Variations (11th ed.). Cengage Learning.

22) Wolman, B. B. (1979). Contemporary Theories and Systems in Psychology. Harper & Row.

23) Zimbardo, P. G. (1988). Psychology and Life (12th ed.). HarperCollins Publishers.

Note: **The above list is only suggestive and not exhaustive. Candidates may consult other standard books and relevant material covering the prescribed syllabus.**

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