PUNJAB PUBLIC SERVICE COMMISSION

COMBINED COMPETITIVE EXAMINATION
FOR RECRUITMENT TO THE POSTS OF
PROVINCIAL MANAGEMENT SERVICE -2020

SUBJECT: PSYCHOLOGY (PAPER-I)

TIME ALLOWED: THREE HOURS **MAXIMUM MARKS: 100**

NOTE:

i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
iv. Extra attempt of any question or any part of the question will not be considered.

Attempt FIVE Questions in All. Attempt in Urdu or English.

Q. No. 1 What are the key principles of humanistic psychology and how it is related to an individual's life? **(20 Marks)**

Q. No. 2 Discuss Gardner's and Sternberg's non-unitary theories of intelligence. How are they similar, and how do they differ from each other? **(20 Marks)**

Q. No. 3 What is a reinforcer? Discuss with respect to the role of the reinforcer in classical and instrumental conditioning. **(20 Marks)**

Q. No. 4 How Gestalt Principles contribute to our perception. Discuss in detail and exemplify with daily life examples. **(20 Marks)**

Q. No. 5 Briefly describe Piaget's four stages of cognitive development and elaborate how it is applicable in daily life. **(20 Marks)**

Q. No. 6 Explain the concept of Child Development. Illuminate the Bronfenbrenner's Ecological theory of Human Development. **(20 Marks)**

Q. No. 7 Elaborate the concept of Motivation by citing appropriate examples. Also discuss Biogenic and Psychogenic types of Motives. **(20 Marks)**

Q. No. 8 **Write notes on any two of the following:** **(10+10=20 Marks)**

a) Ethical Issues in Psychotherapy

b) Positive Psychology

c) Prejudice

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COMBINED COMPETITIVE EXAMINATION FOR RECRUITMENT TO THE POSTS OF PROVINCIAL MANAGEMENT SERVICE -2020

SUBJECT: PSYCHOLOGY (PAPER-II)

TIME ALLOWED: THREE HOURS **MAXIMUM MARKS: 100**

NOTE:

i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
iv. Extra attempt of any question or any part of the question will not be considered.

Attempt FIVE Questions in All. Attempt in Urdu or English.

Q. No. 1 Define **Stress** and possible physiological and psychological responses to stress? Given this COVID19 situation, where people are experiencing and reporting a lot of social, emotional, and financial stresses, what coping strategies you may recommend helping to reduce stress? **(20 Marks)**

Q. No. 2 Define Personality? Discuss and evaluate **psychoanalytical perspective** of personality development; give its strengths and possible criticism? **(20 Marks)**

Q. No. 3 How do you define psychological disorder? Discuss some types of **Anxiety disorders**, their symptoms, causes (risk factors), and diagnostic criteria? **(20 Marks)**

Q. No. 4 Define Social Influence? Explain how **Group pressure, Conformity and Obedience** effects our attitudes, beliefs, decisions and actions? **(20 Marks)**

Q. No. 5 What are the goals of Scientific research? Explain in detail the **Experimental Research Design**, its key features and its advantages over other research designs? What are some common problems that researchers encounter while conducting experimental studies? **(20 Marks)**

Q. No. 6 Explain **Altruism and Prosocial behaviors**? What are different factors that influence helping? How we can improve helping behaviors in the country given the current situation of health and financial crises due to COVID-19? **(20 Marks)**

Q. No. 7 Psychoanalytic and Behavioristic schools of thought are different according to its theoretical assumptions and practical applications; Discuss. **(20 Marks)**

Q. No. 8 "Man is a social animal", discuss it with reference of social norms, traditions, attitudes, group behavior and culture. **(20 Marks)**